

Hello everyone - we have some exciting events coming up so please read on for further details.

**NEWSLETTER** Please, please would you let me know if you no longer wish to receive this Newsletter or alternatively if you would like me to e-mail you with details.

[jenny.tolhurst1@btinternet.com](mailto:jenny.tolhurst1@btinternet.com) or 01934 838564

### ANNUAL GENERAL MEETING

This year's AGM will be at the Clevedon Community Centre in Princes Road, Clevedon.

**Date:** Thursday 19<sup>th</sup> May

**Time:** 7.00 – 9.00

**Speakers:** Simon Coles & Natasha Pester from the Strawberry Line Café, Yatton.

### LOCAL AUTHORITY CUTS

You may all be aware that due to the economic situation, local authorities need to save significant amounts of money. Some of the cuts are already taking place and as always it's the vulnerable people in our society who are going to feel the pinch first. The Government is expecting the voluntary sector to fill the breach and whilst we will do everything we can, voluntary groups do not have the funding to match proposed cuts. Please keep us and Royal Mencap advised of the changes that are affecting **you** so we can co-ordinate our efforts and campaign to minimise the effects of the changes. Mike Hill – Chairman

### 4A THE BEACH

At last we have new double glazed windows all the way through our residential home. All major work is complete and the residents are very happy with the results. Mike Hill – Chairman

### COMMITTEE MEMBERS

More committee members are still needed. Can you help please? Contact any committee member.

### THANK YOU'S

First of all I would like to say a Huge thank you to Quartet Foundation for their generous donation last Year. Another Huge thank you to Weston Lions and Yeo Valley Lions (Yatton) for their wonderful donations. These donations will go towards our Thursday Sports club as unfortunately we run at a loss due to the high running costs and hopefully this funding will ensure the continuity of the club. Thanks also

### DATES FOR YOUR DIARIES – DISCOS 2011

- 16<sup>th</sup> April - 7.30 – 9.30
- 21<sup>st</sup> May - 7.30 – 9.30
- 18<sup>th</sup> June - 7.30 – 9.30
- 16<sup>th</sup> July - 7.30 – 9.30
- 24<sup>th</sup> Sept - 7.30 – 9.30
- 22<sup>nd</sup> Oct - 7.30 – 9.30
- 19<sup>th</sup> Nov - 7.30 – 9.30
- 10<sup>th</sup> Dec - 7.30 – 9.30 **Christmas**

All Discos are on Saturdays and held at The Mycon next to Nailsea Methodist Church. Contact Anita for further information 01275 546404. A huge thanks to Anita for organising the discos. £3.00 admission including refreshments. (age 14 – 30 plus)

### WALKS AND BAG PACKING

The Co-op supermarkets are the Charity of the Year for Royal Mencap. Mike Mullett, the Manager from the Co-op Yatton Store is organising a walk along the Strawberry Line, Yatton on **Sunday, 5<sup>th</sup> June** from 4.30 approx. They are looking for sponsors and any money raised by their goodselves will go to **Royal Mencap, but** if anyone from North Somerset Mencap would like to join in the fun then that money will go to **North Somerset Mencap**. There are various walks from 1 mile approx to 10 plus! Free 'T' shirts available for those taking part. Please come along. I have the necessary sponsorship forms. Jenny Tolhurst

Mike, had also agreed **North Somerset Mencap** can hold a Bag Packing Day on **Friday, 6<sup>th</sup> May**. Lucy is organising this event and I am sure she will be glad of some helpers if you are available. Her phone no is 01275 871268 or e-mail [lucyjezard@gmail.com](mailto:lucyjezard@gmail.com)

Mike, and Jenny, his assistant from the Co-op, have also kindly agreed that they will supply us with refreshments for the **Cool Summer Club** and the **Discos** we have throughout the year. A Big '**Thank You**' to **Mike, Jenny, Monica** and all concerned.

There is also another walk organised by Nailsea Rotary, who have supported us for many years, and North Somerset Mencap are their charity for the year as well. This is on **Sunday, 15<sup>th</sup> May** and is around the Tickenham area. If you would like a sponsor form please phone 01275 463574.

If we do all this walking we should be very fit!!

Jeff for popping along to see what we get up to!! Jenny

### **BUCKET COLLECTION – CADBURY GARDEN CENTRE**

On **Sunday, 28<sup>th</sup> August**, Cadbury Garden Centre, Congresbury, have given us permission to hold a bucket collection. We will need volunteers, so please ring Jan Lydon if you can offer a few hours of much needed help. The proceeds will go towards our Cool Summer Club and other activities.

### **COOL SUMMER CLUB – RE-UNION**

There will be a lunch time Re-union for Cool Summer Club members, on **Wed, April 20<sup>th</sup> at 12.30**. We have chosen 'El Bottelino's' in Nailsea which seems to be a popular venue. North Somerset Mencap will pay the cost of every young person's main meal, but money will be necessary for any puddings or drinks. Jan Lydon is arranging this get together - for any further information please contact her on 01275 852184.

### **MILLFIELD SCHOOL DAY**

Millfield School in Somerset are putting on another wonderful day for us on **Saturday 25<sup>th</sup> June**. There is also an excellent lunch provided at a small cost of £1.00. If transport is required there will be an extra charge involved. This is a fun day out with lots of activities, rock climbing, badminton, craft, tug-of-war, animals, theatre, cookery and many more. If you would like to come along please contact **ME** as soon as possible so that I can make transport arrangements. Jenny Tolhurst

### **SPORT (age 16 - 30+)**

Sport continues to go well and don't forget we still have places available. Thanks to Anita and Chloe for running this each week. £3.00 a session including refreshments.

### **SKITTLES**

We will be holding another Skittles afternoon on Sunday, 25<sup>th</sup> September at the usual venue, Claverham Village Hall from 3.00 – 6.00. Please phone Carole Pullen if you would like to come along and join in the Fun. 0117 3309035 or carolensm@blueyonder.co.uk

### **STRAWBERRY LINE CAFÉ - YATTON**

The Strawberry Line Café at Yatton Station, is a cosy little place to pop in for something to eat or a delicious cup of tea or coffee. If you are one of the early morning commuters, then they open at 7.45 and refreshments can be bought to drink on the journey. Telephone 01934 835758

See their website for much more information  
[www.strawberrylinecafe.co.uk](http://www.strawberrylinecafe.co.uk)

### **COOL SUMMER CLUB 2011 - age 16 - 30**

Just a reminder that I have booked the following:  
**Monday 08<sup>th</sup> August and Wednesday 10<sup>th</sup> August**  
**Monday 15<sup>th</sup> August and Wednesday 17<sup>th</sup> August**  
**Monday 22<sup>nd</sup> August and Wednesday 24<sup>th</sup> August**

I will be sending booking forms out in April/May with a closing date for return by **30<sup>th</sup> June**. I will also bring some forms along to the CSC Reunion. If you did not go last year and are interested for this year, please phone me to add your details to my contact list.

The Venue remains the same, Nailsea Methodist Church, Silver Street, Nailsea, and each session will run from 1.30 – 4.00. We will again be offering transport from Weston & Clevedon and there will be a small additional charge for this.

I will shortly be thinking about what activities to book, as it's your club, please let me know if you have any ideas. Paul Maines will be running the Sport sessions and some of you may have already met him at Thursday Sport.

### **VOLUNTEERS**

If anyone would like to help out at this year's club or assist on the bus as escort Duty, please contact Carole.

### **FACEBOOK**

North Somerset Mencap is now on **Facebook!!!!**  
At present we have set this up for information/sign posting only, as we currently don't have the resources to provide regular monitoring.  
Any feed back would be welcome - phone or e-mail Carole. [carolensm@blueyonder.co.uk](mailto:carolensm@blueyonder.co.uk)

### **WANTED**

Do you have a few hours to spare each month? I am looking for a volunteer co-ordinator, someone who can keep in touch with all the new and existing volunteers and provide support when required. We don't want to lose the volunteers we have, they are important to us. For an informal chat with no obligation, please contact Carole, Project Co-ordinator.

### **Useful Contacts Wills & Trusts – Royal Mencap**

For more information please contact Wills & Trusts Team, Freeport WD3537, London EC1B 1AA  
0207696 6925

Mike Hill: 01934 630526 Company Chairman  
Sheila Gale: 01275 876587 Vice Chairman  
Carole Pullen: 0117 3309035 Project Co-ordinator  
Anita Brown: 01275 546404 Sport & Discos  
Jenny Tolhurst: 01934 838564 Newsletters etc...

